



Champion's Choice for Early Learning

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Coronavirus Recommendations

March 11, 2020

Dear Parents, Families and Friends of students at Champion's Choice,

Although the Coronavirus has not hit Montana as of yet, we want to observe the precautionary information by the CDC. Which is, in short, do not send your child to preschool if he/she has any cold or flu symptoms until the symptoms are gone. Symptoms include: runny nose, cough, fever, sore throat, vomiting and diarrhea.

In addition, observe good hand washing hygiene, and use hand sanitizer if hand washing is not possible, especially after coughing, sneezing or blowing your nose, or the nose of a child. Help your child learn to use the inside of his elbow or hand to cover a cough or sneeze. Try, as much as possible, to avoid touching your face, eyes, nose and mouth. Clean and disinfect frequently touched objects and surfaces, with a household cleaning spray or wipe. (Don't forget TV remotes and computers, light switches and door knobs.)

The American Academy of Pediatrics (AAP) recommends your child should stay home if his/her condition:

- Prevents the child from participating comfortably in activities
- Results in a need for care that is greater than staff members can provide without compromising the health and safety of other children
- Poses a risk of spread of harmful disease to others

Therefore, we will be strictly enforcing our illness policy through March. Your child **MUST** stay home if he/she has a fever of 101 or more. They cannot return to school until their fever, vomiting and/or diarrhea has been gone for 24 hrs. and all other symptoms are gone, including: sore throat, runny nose, congestion, and cough.

We have posted and will be sending home a CDC flyer on the proper way to wash hands.

Kate Longacre

Director